

Welcome to our MAYFACS eNewsletter



Mayfield & Five Ashes Community Services www.mayfacs.org.uk 01435 873888 November 2023 MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ Registered Charity No. 1166647

We are open in our MAYFACS office at London House, Mayfield High Street, on Monday, Tuesday and Wednesday between 10am - 1pm every week. We may be in the office on other occasions around our regular activities in the community but to give you a guaranteed time to see us, please arrive during these times.

Please note that when the office is not open, the helpline number is still monitored Monday to Friday only and messages will be picked up by volunteers and actioned as quickly as possible during weekdays only.

MAYFACS OFFICE Helpline Number

Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices. Messages will be picked up daily.

The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until Monday.

NOVEMBER'S MAYFACS news!

LEAFLET DROP TO EVERY HOUSE IN THE MAYFIELD AND FIVE ASHES PARISH!

By now you will hopefully all have received our leaflet through your door - hand delivered by our wonderful team of volunteers, staff and trustees! The aim of this leaflet is to let every resident know about who we are, what support we can offer, what regular activities and trips are available for everyone to come along to, and how you can support MAYFACS.

If you live within the parish boundaries and have not received one - please let us know! And do get in touch if we can support you in any way or you would like to join us in our activities.



MAYFACS OPEN MORNING: Celebrating our Community

Saturday 25th November 2023 between 10am – 1pm at Five Ashes Village Hall

Please join us in celebrating all that MAYFACS do, and all our incredible volunteers who make it happen! This is our annual Open Morning to highlight the impact we have made over the past year within our community. Come and find out more about how you can join us, support us, or attend a huge selection of activities and trips. This is an open session to explore throughout the morning (and enjoy a drink and cake!) with a presentation at 11am.

MAYFACS Shed, Community Garden and the Repair Café will also be represented (Repairs will not be taken on the day, but you can talk to our repairers about any repairs you may have!). Please note there is NO Repair Café taking place at the Shed on this date.

Minibus transport will be available free of charge between Mayfield to Five Ashes so that everyone can come along to our celebrations.

Buses will depart at 10am and 10.30am from Memorial Hall and then onto St Thomas Canterbury Court, with return journeys at **12pm and 12.30pm**.

MAYFACS MATINEE FILMS



Our specific MAYFACS Programme of films are open to EVERYONE to attend. No booking necessary! Bring friends or family, or come on your own and enjoy an afternoon of entertainment and refreshments. Doors Open at 1.30 pm for a prompt start at 1.45 pm. Admission is £6 on the door. Transport is available from Mayfield at £3 per person return. Please pick up a flier from our office or around the village for more information. Please note, the MAYFACS Matinee Films run a different programme to the Film on Friday evening series.

November 10th: Rear Window

November 24th: Where the Crawdads Sing

MAYFACS UKRAINE SUPPORT HUB

The support email address (<u>Ukrainesupport@mayfacs.org.uk</u>) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our new office anytime to say hello.

Our weekly English Lessons continue at MAYFACS office in London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.



MAYFACS SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed is a fantastic community opportunity for anyone to come along, meet some friendly people, get involved in Shed projects and development, create items in the workshops, work on your own personal projects and repairs – and have lots of cups of tea and chat!! The Shed offers a well-stocked workshop, social area, outside workspaces, our wonderful Orchard with a bee hives, as well as the new community garden.





Email us on theshed@mayfacs.org.uk Call MAYFACS on 01435 873888 Visit our website www.mayfacs.org.uk/theshed or Follow us on Facebook

Shed weekly Sessions:

No commitment is required for any of our sessions – you can come as often as you are able to.

All groups are incredibly social, friendly and welcoming. Our Thursday sessions do have a focus on Gardening however the workshop is also available during Thursday sessions, and likewise gardening is available on every session too!

Our limited supply of MAYFACS SHED honey has almost sold out at our recent Shed Open Morning & Repair Cafe! A small amount remaining will be available at the Open Morning on Saturday 25th November at Five Ashes! Small jars are £5 (0.5lb) and large jars £9 (1lb).

For more information, please contact theshed@mayfacs.org.uk or 01435 873888, or come along to one of the sessions above and find out more!

THERE WILL NOT BE A MAYFACS SHED REPAIR CAFÉ AT THE SHED IN NOVEMBER



PLEASE JOIN US AT OUR OPEN MORNING IN FIVE ASHES TO SPEAK TO OUR REPAIRERS AND FIND OUT MORE!

Due to our MAYFACS Open Morning at Five Ashes Village Hall, we will NOT be holding a Repair Café in November at MAYFACS Shed. However, our Repair Café volunteers will be joining us at the Open Morning with more information, demos and would be more than happy to discuss any potential repairs to bring along to our next café!

REGULAR MAYFACS ACTIVITIES

MONDAYS:

Yarners (chat and knit, sew, crochet for all ages!) at Sew Inspired, Mayfield High Street 1.30-3.30pm, £2. Every Monday (except Bank Holidays).

TUESDAYS:

Tuesday Chat (with refreshments) at Colkins Mill Church, Station Road, Mayfield. 2-3pm, £2. Every Tuesday apart from the first Tuesday of the month when this will be Tuesday Afternoon Club (see below).

Tuesday Afternoon Club (Social group including speaker, raffle and light afternoon tea) First Tuesday of the month in Colkins Mill Church, Station Road, Mayfield. 2-3.45pm, £3. Please bring a small prize to share on the raffle if available.

WEDNESDAYS:

MAYFACS "Little Munchkins" Baby and Toddlers Group (Term time only). Join us with your little munchkins at our friendly group every Wednesday, with activities for all to join in, from new borns to pre school age! Activities will include craft, sensory play, themed activities and fancy dress!

We welcome all parents, grandparents and carers to come and meet others, and enjoy some time with your little ones and each other! Toys, puzzles and games all available and materials will be provided for the activities with support from our wonderful volunteers.

Every Wednesday in the Scout Hall 9-11 am, £3 per family. Refreshments provided but please bring your own lidded cup.

Writing for Fun Writing for Fun is a monthly writing group, meeting on the 3rd Wednesday of every month, from 10am - 12am in London House, £3 (refreshments provided). No previous experience necessary.

Wednesday Chat (with refreshments) in Five Ashes Village Hall, 2-3pm, £2. Every 2nd and 4th Wednesday of each month. Transport available, please book this in advance. Please contact us for more information.

THURSDAYS:

Crowborough Community Café (dementia friendly café, supported by Wealden Dementia Action Alliance) at Crowborough Oasis Church and open to all. Last Thursday of the month 2-4pm. We have a mini-bus collection from Mayfield and Five Ashes each month to give more people access, with support from our volunteer chaperone. Please contact freya@mayfacs.org.uk or call us on 01435 873888 for details.

Poetry 1st Thursday of the month 11am-12.30pm, £2 at Coach House Cottage, Royal Oak Mews. Come along and explore the world of poetry in a fun and relaxed social setting. Introducing new poets and getting to know some old favourites, with lots of discussions and laughter. Please contact Pat Robson on 872445.

Middle House Lunches 2nd Thursday of each month (pre-booked only, but please contact us to be added to our list!) Two course Lunch and Coffee for those who live alone and are aged 70+ years young! Special discounted rate of £12.50 per person. Please contact Freya on 01435 873888 to be added to the list of invitees. Our volunteer Sue Wren will be ringing around those on our list and will aim to be offering tickets to as many people as we can reach. If you have not attended a lunch before and are interested in coming along (and meet the above criteria), please do let us know as we would like to ensure these lunches are available for as many people as possible.

FRIDAYS:

Scrabble/Games/Cribbage 3rd Friday of the month, London House. 2-4pm, £3 Games provided or bring along your favourite game if you would like to play with others. All welcome – just come along!

MONTHLY TRIPS

Monthly Trip places will be allocated on a first come first served basis. Please email or pop into the office to secure your place! If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

Thurs 16th Nov Bluewater Shopping Centre - £10 Christmas Shopping Trip FULL

Thurs 7th Dec <u>Hailsham Bowling</u> – £17 Bowling fun!

Wed 20th Dec Aladdin Pantomime, Tonbridge £31 bus OR £21 (own transport)

** NEW 2024 Trips will be announced at the Mayfacs Opening Morning on 25th November **

Please visit our website www.mayfacs.org.uk for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888. You can also join our monthly eNewsletter mailing list to get full details on everything that we do to support our community by contacting clare@mayfacs.org.uk.

MAYFACS SUPPORT SERVICES



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MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

MAYFACS Hardship Fund

If you are finding it financially difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email hardshipfund@mayfacs.org.uk

Food Bank Referrals We can refer families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Specific requests/dietary requirements can also be accommodated. Collections or deliveries both available.



Community Fridges are open to anyone, no questions asked. They are there to prevent food waste and support our environment by ensuring food goes to a home.

Fridges are available in Heathfield, Uckfield and Hailsham (set times).



Our Community Car Service ensures you get to medical appointments when you have no other way to get there. It is open to anyone who needs it. Whether a local appointment, or further afield, please contact us. This is a paid for service – covering the cost of fuel for our drivers and cost of providing the service. If cost is a concern, please let us know.

Everyday Support Services With our incredible team of volunteers, we can support you with emergency shopping, collecting prescriptions, getting to our activities, navigating other support services and agencies, as well as borrowing a wheelchair, DVD or Jigsaw! If we can't help, we can tell you who can! We are here for everyone.

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on info@mayfacs.org.uk or call us on 01435888 or visit our website www.mayfacs.org.uk. Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery and our noticeboards. Join our eNewsletter mailing or follow our social media.











SOCIAL MEDIA: MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!



@MAYFACS2016



@MAYFACS
@MAYFACSSHED

Contact Details – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith Telephone: 01435 873888 in the first instance and leave a message. We will phone you back. www.mayfacs.org.uk

BANK DETAILS (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No 00029924 Sort Code **40-52-40**

Emails: manager@mayfacs.org.uk, freya@mayfacs.org.uk, clare@mayfacs.org.uk, becky@mayfacs.org.uk, theshed@mayfacs.org.uk, ukrainesupport@mayfacs.org.uk, info@mayfacs.org.uk